Y.M.C.A. Line Dance

Choreographed by: Mike Del-Boyer (July 10)
Music: Y.M.C.A by The Village People

Descriptions: PH count – 1 wall – Beginner/Intermediate level line dance

Sequence: AA, Tag, BBAA, Tag, BBAA, Tag, BBB

(**Note:** arm movements are optional)

Intro: 24 counts

Dance Demo: https://www.youtube.com/watch?v=fVcU_tdLNUA

(A)

1-8 Step Right, 3 Heel Bounces. Step Left, 3 Heel Bounces

- 1-4 Step right to right diagonal and bounce right heel 3 times (R arm out & points fingers 4x moving to right)
- 5-8 step left to left diagonal and bounce left heel 3 times (L arm out & points fingers 4x moving to left)

9-16 Walk Forward Right Left Right Kick, Back Left Right Left Touch

- 1-4 Walk forward right, left, right, kick left (both arms up)
- 5-8 Walk back left, right, left, touch right (both arms down)

17-24 Grapevine Right Scuff, Grapevine Left Scuff

- 1-4 Step right to right, left behind right, right to side and scuff left,
- 5-8 Step left to left, right behind left, left to side and scuff right,

25-32 ½ Pivot Turn Left X2, Out Out, In In

- 1-4 (Step forward right, 1/2 turn left step left) x2
- 5-8 Step right out, step left out, step right back in place, step left in place (both arms diagonally up for count 5 & 6, wrap both arms at waist for count 7 & 8)

TAG

Jazz Box x2

1-8 (Cross right over left, back on left, right to right, step left next to right) x2

<u>(B)</u>

1-16 Basic Y.M.C.A X2 With Shimmy

1-16 (1234 - Y.M.C.A with shimmy for counts 5678) x2

(Arms form letters **YMCA**: both arms diagonally up for letter **Y**, both arms curve down with fingers pointing down in front of head for letter **M**, both arms up and point all fingers to right for letter **C**, both arms stay up and join fingers forming the tip of a triangle for letter **A**.)

17-24 Full Turn Rolling Vine Right, Left.

- 1-4 1/4 turn right step forward right, 1/2 turn right step back on left, 1/4 turn right step right, touch left next to right with clap.
- 5-8 1/4 turn left step forward left, 1/2 turn left step back on right, 1/4 turn left step left, touch right next to left with clap.

25-32 Grapevine Right Then Left With Kick & Clap

- 1-4 Step right to right, left behind right, right to right, (kick left forward & clap)
- 5-8 Step left to left, right behind left, left to left, (kick right forward & clap)