

everytime
I DANCE
i turn into a
better
version of me

Kip Lo — Dance Teacher, Choreographer,
Professional Dancer, Official Zumba®
and Bokwa® Fitness Instructor

Kip Lo, a professional dancer, performer
and choreographer. She is also an Official
Zumba® and Bokwa® Fitness Instructor.
Her talent and enthusiasm in dancing
accomplished her a reputable dance
teacher with regards to Ballroom,
Latin, Salsa, Merengue, Mambo,
Bachata, Hip-Hop, and Line Dance.

Miss Lo was the 1st Runner Up in the “Dancing to be a Star” Latin
Dance Pro-Am Competition organized by PIDC, Toronto. She has
performed and choreographed for various events and organizations,
such as the YMCA Megathon 2014; Toronto and York Region
Labour Council, Under the Banyan Tree Centre, Fairchild
Radio and Television, Canada Day... Her high spirited energy
and devotion in dance brought her numerous civic and
dance awards.

Words from Students

“Miss Lo has choreographed a fantastic dance for our
singing performance. Audiences are thrilled about it.
Thank you so much!”
—Regina Chong

“I am very happy to be taught by Miss Lo. Her dance
movement, tonal expression, and patience in class
admired me very much.”
—Helen Leung

Scan with your smart phone or
visit www.kipdance.com to look
at the live interviews



www.kipdance.com
kip_lo@kipdance.com

(416) 723-8121

MOVE with JOY



Kip Lo
Dance Teacher
Choreographer
Professional Dancer
Official Zumba® and
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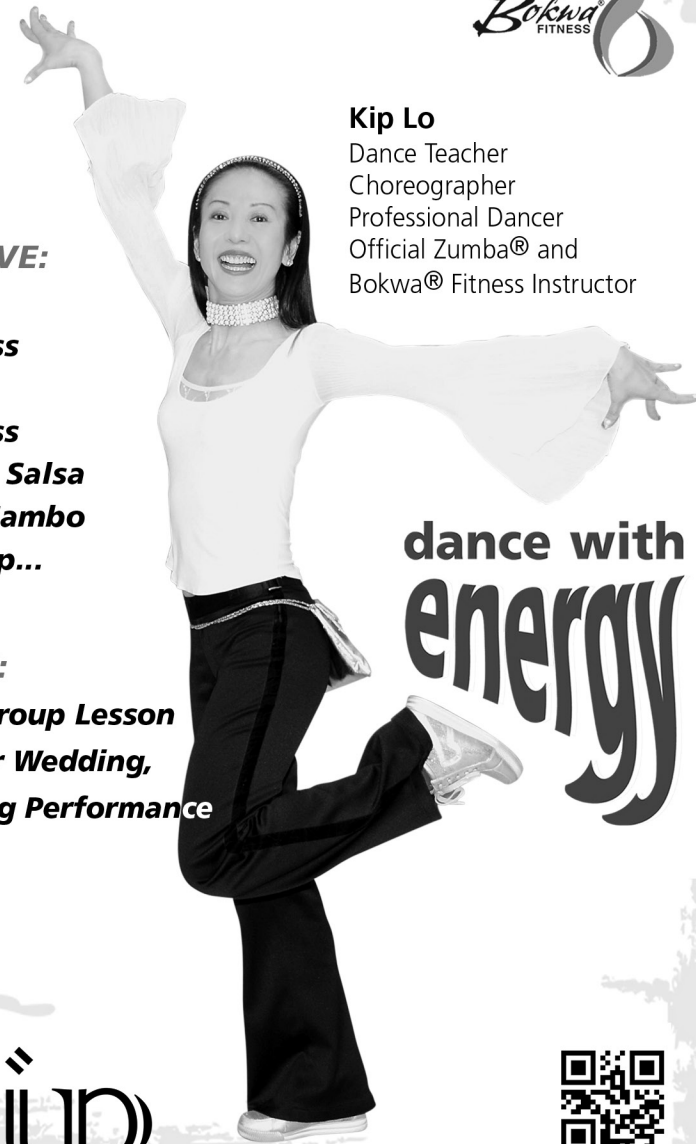
CLASSES WE HAVE:

- Line Dance**
- Zumba Fitness**
- Tone n Shape**
- Bokwa Fitness**
- Ballroom, Latin, Salsa**
- Merengue, Mambo**
- Bachata, Hip-Hop...**

OTHER SERVICES:

- **Private & Small Group Lesson**
- **Choreography for Wedding,
Dancing & Singing Performance**
- **Studio Rental**

dance with
energy



Kip
dance studio

7850 Woodbine Ave., Suite 203, Markham ON L3R 0B9

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Ballroom/Latin | Line Dance | CLASS SCHEDULE | Zumba | Tone n Shape

BALLROOM/LATIN 1 hour lecture + 15 minutes practice

Ballroom/Latin Pass — \$100 / 10 consecutive lessons (weeks)

Flexi-Ballroom Pass — \$120 / any 10 lessons in the class schedule, valid for 3-month

All In One Passport — \$200 / any 20 lessons in the class schedule, valid for 4-month

Pay as You Dance — \$15 / lesson

Monday Afternoon	1:00 pm – 2:15 pm	Beginner Level	
Wednesday Morning	11:15 am – 12:15 pm	Beginner Level	<i>Semi-Private</i>

LINE DANCE

Beginner Level I & II (初級班 I & II)

\$60 / 10 consecutive lessons (weeks) or \$8 / lesson (散堂)

High Beginner (高級初班) / Intermediate Level (中級班) / Advance Level (高級班)

\$70 / 10 consecutive lessons (weeks) or \$9 / lesson (散堂)

Flexi-Linedance Pass — \$80 / any 10 linedance lessons, valid for 3-month

All You Can Linedance (排舞任跳每月 \$100) — \$100 monthly pass

Monday Morning	10:30 am – 11:45 pm	Beginner Level I	pay as U dance: \$6 / lesson Special Promotion: \$40/10 lessons
Monday Evening	7:00 pm – 8:30 pm	Intermediate/Advance Level	\$70/10 lessons
Tuesday Morning	10:30 am – 12:00 pm	High Beginner/Intermediate Level	\$70/10 lessons
Wednesday Evening	7:00 pm – 8:30 pm	High Beginner/Intermediate Level	\$70/10 lessons
Thursday Morning	10:30 am – 12:00 pm	Intermediate Level	\$70/10 lessons
Friday Morning	10:00 am – 11:30 am	Beginner Level II	\$60/10 lessons
Friday Morning	11:30 am – 1:00 pm	Intermediate Level	\$70/10 lessons
Saturday Morning	11:00 am – 12:30 pm	Intermediate Level	\$70/10 lessons

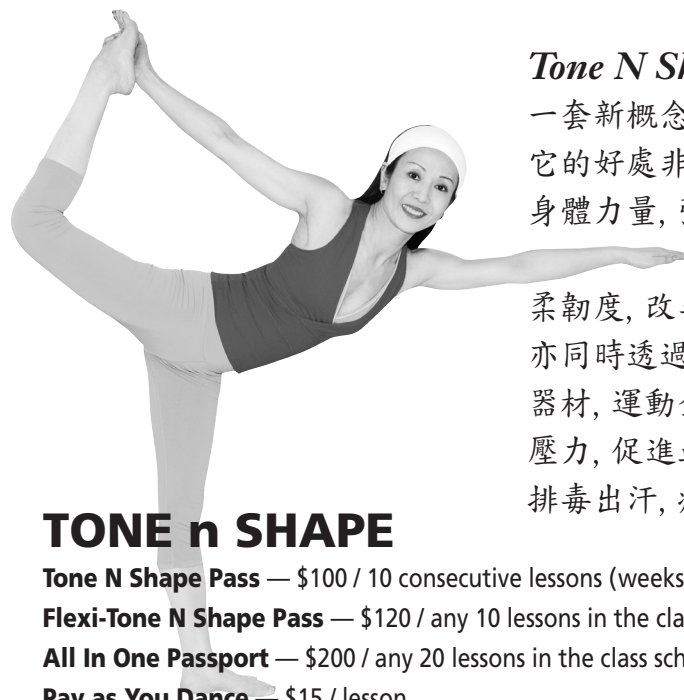
ZUMBA

Zumba Pass — \$80 / 10 consecutive lessons (weeks) **Pay as You Dance** — \$12 / lesson

Flexi-Zumba Pass — \$100 / any 10 Zumba & Linedance lessons, valid for 3-month

All In One Passport — \$200 / any 20 lessons in the class schedule, valid for 4-month

Monday Afternoon	2:30 pm – 3:30 pm	Zumba Fitness
Tuesday Noon	12:30 pm – 1:30 pm	Zumba Gold <i>Perfect Class for Beginners</i>
Saturday Afternoon	1:00 pm – 2:00 pm	Zumba Fitness



Tone N Shape:

一套新概念及時尚的帶氧運動，它的好處非常全面，除可增加身體力量，強化肌肉骨骼，提昇專注力，增強四肢柔韌度，改善姿勢及平衡力外；亦同時透過不同節奏的音樂及器材，運動全身，從而達到舒緩壓力，促進血液循環，舒筋活絡，排毒出汗，瘦身纖體的效果。

TONE n SHAPE

Tone N Shape Pass — \$100 / 10 consecutive lessons (weeks)

Flexi-Tone N Shape Pass — \$120 / any 10 lessons in the class schedule, valid for 3-month

All In One Passport — \$200 / any 20 lessons in the class schedule, valid for 4-month

Pay as You Dance — \$15 / lesson

Wednesday Afternoon	12:30 pm – 1:30 pm
Wednesday Evening	6:00 pm – 7:00 pm
Friday Afternoon	1:30 pm – 2:30 pm
Saturday Morning	10:00 am – 11:00 am



Join Kip's TONE n SHAPE

*Please bring your yoga mat to the TONE n SHAPE class